

CONTACT

Teah Carlson + 64 21 0251 5403
tairongorongo@gmail.com

WE OFFER

- Supervision & Mentoring
- Strategic Planning
- Training & Workshops
- Lectures & Presentations

SPECIALISING IN

- Kaupapa Māori Theory, Research & Evaluation
- Community Psychology
- Social Work, Reflexive Practice
- Cultural Safety & Health Literacy Practice

Tēnā koutou katoa e te whānau and many warm greetings,
We are a kaupapa Māori provider specialising in research, evaluation, supervision and mentoring. We tailor our services depending on our clients/corporation/organisational needs. Services range from individual supervision sessions, group supervision sessions, organisational strategic planning, workshops to wānanga.

We have named our approach Tairongorongo (Rongo). Rongo is grounded in mātauranga Māori utilising tools of Western scholarship – supervision, reflective practice, community psychology, public health and social work. Rongo is a process utilising ancient narratives related to a journey of obtaining knowledge, knowing and understanding of oneself and relationships to wider ecological system.

If knowledge is the noun, knowing is the verb and understanding is the liberating practice, then Rongo embraces all

Delivered through whole sensory learning and strength-based approaches we offer co-creation and design methods, Māori mindfulness, whitiwhiti korero - creativity and reflection using pūrakau, hoa haere - peer support practice and skill sharing.

We are passionate about systemic change grounded in Indigenous scholarship. We understand that everything has a connection, requiring patience and an ability to zoom out of individualistic thinking to a collective methodology and create a system and process to understand power of relationships and interconnectedness of things.

The achievement of authentic being is an unfolding process of living an authentic life and that all things are in a process of becoming.¹



¹ Marsden, M. (2003). *The woven universe: Selected writings of Rev. Māori Marsden*. Ōtaki, Wellington: The estate of Rev. Māori Marsden.

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FACILITATORS

Dr Teah Carlson BSocSci (Hons), MAP, PhD

Teah descends from Te Whānau ā Apanui, Ngāti Porou and Waikato – Tainui.

Teah is an artist, activist, academic and draws on these identities to express, connect and articulate Indigenous solidarity, self-determination, and hope. Her work highlights the importance of the Indigenous voice and control with respect to the delivery of health services, transformation of health literacy and cultural safety practice.

Teah works as a Kaupapa Māori researcher and evaluator at Whāriki Research, Massey University. She is also Co-Chair of Ngā Pou Mana – Tangata Whenua Allied Health Aotearoa.

As an Indigenous Scholar Teah has received a number of awards including 2014 New Zealand Health Research Council Māori Doctoral Scholarship - value of \$120,000, 2010 Health Research Council Māori Masters Scholarship and 2008/2014/2016/2018 Ngā Pae o te Maramatanga: Māori Centre of Research Excellence Awards.

Teah has presented papers and workshops nationally and internationally including:

- He Au Honua Indigenous Research Conference, Maui, Hawaii’;
- Healing our Spirits Worldwide Conference, Sydney, Australia;
- Indigenous Allied Health Australia Forum, Sydney, Australia;
- Annual Native American Studies Graduate Student Symposium, University of California, Davis, USA;
- He Mana Whenua: Indigenous Research Conference, Hamilton New Zealand; and
- World Indigenous Peoples Conference on Education, Honolulu, Hawaii’.

Teah is passionate about the continued advancement of her people. She views her work as an honour and responsibility to contribute towards actionable and transformative change. She encompasses research and evaluative practices that allow the placement of Indigenous issues, concerns, ways of understanding and practice at the centre. In particular, focusing on research on strengthening whānau health and wellbeing that is context-sensitive, promotes social justice and focuses on enhancing the life circumstances of community.



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George Kingi - BSW (Bicultural practice), DipSUP

George has tribal affiliations to Te Whānau ā Apanui, Ngāti Porou, Ngāti Awa, Ngāpuhi, Waikato & Ngāti Pikiao. George is a leader, learner and storyteller. With a strong connection and understanding of Mātauranga Māori and Te Ao Māori; George has been able to share this knowledge to involve, engage and inspire those he works with.

George is Pou Arahi – Management lead for Health and Social Services at Te Whānau o Waipareira Trust. He leads a cluster of 40+ kaimahi including health professionals and support staff.

George is a qualified Social Worker – Bicultural Practice (first class honours). He has a Post-Graduate Diploma in Kaitiakitanga – Bicultural Professional Supervision.

For over a decade, George has worked closely with rangatahi, whānau and Māori and Pacific communities - connecting and engaging with the many different whānau. George has experience in health and community management, supervision, Whānau Ora and rangatahi development.

George has designed and implemented an array of successful approaches, interventions and programmes. All the programmes have been centred around rangahau, mātauranga Māori and kaupapa Māori principles and practice.

George has presented papers and workshops nationally and internationally including:

- He Au Honua Indigenous Research Conference, Maui, Hawaii’;
- Healing our Spirits Worldwide Conference, Sydney, Australia;
- Indigenous Allied Health Australia Forum, Sydney, Australia;
- World Indigenous Peoples Conference on Education, Honolulu, Hawaii’.

George is passionate about Te Ao Māori and believes it has so much more to offer in all aspects of life if we only just listen – whakarongo, whakarongo, whakarongo.

